

Plan for College and the 7 Areas of Life

List goals, options, ideas, and questions you need to answer. Be courageous to list dreams and bold ideas – you can edit your plan if you change your mind. You can put question marks (?) after ideas that are not yet goals. Review and use your plan to improve inspiration and guidance of your time by improving focus on priorities.

Share with advisors and mentors to help them provide advice better and faster.

Professional

Interesting areas of service, options for career, possibilities after college:



Courses, projects, seminars, research to explore career interests:

Internships, jobs, or co-ops for experience and income:

Expectations of desired professional schools or opportunities and preparation needed for acceptance/to be recruited:

Plan/portfolio contents to develop for me to use, prepare for interviews, and help others (résumé, mission/vision for profession, strategy/best practices for professional life, leadership philosophy and plan...):

By the time I walk across the stage at graduation, I would like to learn, explore, prepare for, do these things:

Personal

How I can write/improve my plan for life, personal growth to develop commitment/courage/confidence, habits to plan and lead my life, activities/experiences to enjoy:



Social

Family relationships to maintain/nurture by doing these:

Friends to enjoy, support, and meet more:

Clubs/groups/fraternity/sorority, associations...to join/participate and how to serve:

Social/communication skills to develop (listening, speaking...):

Financial

Personal finance knowledge needed for life, plan to earn income, pay expenses, priority purchases:

Physical

Sports, recreation, health, fitness, nutrition, appearance:

Philanthropical

Volunteerism on campus to serve/lead, off-campus civic service and contributions:

Spiritual

Callings, gifts, talents to discover, develop, devote life to fulfill; prayer, study, service; questions to answer, beliefs/practices to fulfill:

Help I Need/Want

What I need to help my efforts succeed (knowledge, coaching, money...):

Who I need to help and how (family, friends, professors, advisors, mentors...list the people and how they could help--information, instruction, advice, accountability...):