

SET YOUR GOALS AND AN ACHIEVABLE RESOLUTION

An estimated 50% who state a New Year Resolution quit by Jan 31.
You can renew or start your resolution in a better way.
Like adjusting a magnifying glass, your plan can give you added focus to increase your chances of success.

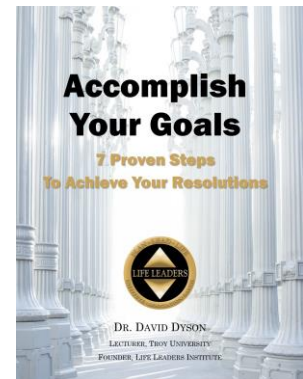


For Students, Faculty, Staff, and Guests

As a complimentary service of the Montgomery Campus Center for Student Success

Results

1. List priority *Goals for 7 Areas of your Life*
2. Plan an *Achievable Resolution* using a tested method
What's Your Resolution: Stay in School? Improve GPA? Earn a degree? Earn a promotion? Improve Personal Leadership? Improve your Plan for Life? Master a Goliath?
3. Receive a planbook from the author you can keep
Meet others who value planning and personal leadership.



Wednesday, January 31, 4:15-5:15 p.m.

4-4:15 check-in, light refreshments; 4:15-5:15 seminar with workshop to plan your resolution

Civic Room

Reserve your seat and planbook by January 31 Noon

Call the Montgomery Campus Center for Student Success: (334)241-9777

Speaker – Dr. David Dyson

- ◆ Lecturer, Troy University, College of Education, Hawkins Hall
- ◆ Doctoral degree, Higher Education Administration (Educational Leadership), Vanderbilt University
- ◆ Institute for Educational Management, Harvard University
- ◆ Masters in Management, Birmingham-Southern College & Bachelors in Business, Auburn University
- ◆ Coach for executives, students, young professionals, emerging leaders, veterans making comebacks
- ◆ Co-author, Professionalism Under Stress & Patriotism in Action (with Col. Stretch Dunn, 1943-2017)
- ◆ Author, planbooks: *Plan for College & Life, Master Your Goliaths, Professional Plan, Earning Empowerment...*

“Students who write goals and resolutions are more likely to succeed, graduate, and improve their lives. If they show us their plans – to achieve or to overcome problems – we can help them better and faster.

We invited Dr. Dyson to speak and share his planbook with each of us so we can increase our success as students and professionals. He is visiting as a volunteer to work with us.”

-Sherry Stearns-Boles, Director of the Montgomery Campus Center for Student Success-

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