

Plans and Ideas for College and the 7 Areas of Life

List goals and options. You can put question marks after those that are just ideas. Be courageous to list dreams and bold ideas—you can edit your plan. Use your plan to improve inspiration and guidance of your time by improving focus on priorities. Review and improve. Share with advisors and mentors to help them provide better advice, faster.

Professional

Options for careers, possibilities after college:

Courses, projects, seminars, research to learn about career interests:

Internships, jobs, or co-ops for experience and income:

Expectations of desired schools or professional opportunities and preparation for acceptance:

Plan/portfolio to develop for me and to share with others (mission/vision for profession, résumé, strategies for professional life, leadership philosophy and plan...)

By the time I walk across the stage, what I would like to learn, explore, prepare for, do:



Personal

Plan for life, personal growth to develop habits, attitude/character, activities/experiences to enjoy:

Social

Family relationships to maintain/nurture:

Friends to meet, support:

Clubs/groups/fraternity/sorority, associations...to join/participate:

Social/communication skills (listening, speaking...) to develop:

Financial

Personal finance knowledge, develop a budget, earn income, pay expenses, purchase:

Physical

Sports, recreation, health, fitness, nutrition, appearance:

Philanthropical

Volunteerism on campus, off-campus civic service and contribution:

Spiritual

Prayer, study, service, beliefs/practices/questions to answer/affirm:

Help I Need/Want

What I need to help my efforts succeed better:

Who can help: family, friends, professors, advisors, mentors...be specific about how they can help me: information, instruction, coaching, advice, accountability, encouragement: